

□□□2026

- [???????](#)
- [???????](#)
- [????](#)
- [???](#)

Introduction: The Most Significant Milestone in Life

Choosing baptism and joining Christ's church is a holy turning point—not just accumulating knowledge, but a transformation of your very essence.

*No one can say "Jesus is Lord" except by the Holy Spirit.
Embracing the Light brings a divine and wondrous
experience of conversion.*

[illegible]

课程目标

Course Objectives

1. 预备与认知 (Identity)

清晰认识成为耶稣门徒、上帝儿女的真实属灵身份与含义。

Understand the true spiritual identity of being a disciple of Jesus.

2. 深化神学理解 (Theology)

掌握救赎充足性、三位一体、道成肉身等最核心的圣经教义。

Grasp core biblical doctrines including the sufficiency of atonement and the Trinity.

3. 实践门徒生活 (Discipleship)

学习如何面对并战胜罪与试探，建立每日与神相交的习惯。

Learn to face and overcome sin, establishing a daily walk with God.

4. 建立教会观念 (Fellowship)

融入圣洁的基督身体，视教会家庭为属灵生活的核心圈。

Integrate into Christ's body, viewing the church as the core of life.



????

- **????**
???
- **?????sponsor / mentor?**??
- **?????????????????????????????????????**Mere Christianity
???"?"?immediately
?? BBC
????????????????????????????????
- **???????????** 10 ???
- **?????????????????????????????????????**

成长要求与方法 Requirements & Methods for Growth

课程方法 (Methods)

课堂学习：每月两次集中探讨。

Classroom Learning: Meet twice a month for focused discussions.

属灵陪伴：寻找同性别会友同行支持。

Spiritual Companionship: Find a church member of the same gender for ongoing support.

陪伴阅读：研读《马可福音》与《返璞归真》

Reading: Study the *Gospel of Mark* and *Mere Christianity* with spiritual supporter.

访谈生命：访问10位已受洗的弟兄姊妹。

Interviews: Interview 10 baptized brothers and sisters.

书写见证：诚实记录并提交个人信仰见证。

Written Testimony: Honestly document and submit your personal testimony of faith.

????

- [illegible]

成长要求与方法 Requirements & Methods for Growth

参与要求 (Requirements)

出席和专注：带着耳朵来听，带着嘴巴来分享，全情投入。

Attendance and Focus: Bring your ears to listen and your mouth to share; be fully engaged.

日常实践：每天花时间阅读经文、默想、祷告和记背经文。

Daily Practice: Spend time every day reading scripture, meditating, praying, and memorizing verses.

顺服与成长：悔改意味着承诺改变生活和行为，背离罪，转向神。学员被呼召顺服圣灵，追求属灵成熟。

Obedience and Growth: Repentance means a commitment to change your life and behavior, turning away from sin and turning toward God. Students are called to obey the Holy Spirit, pursue spiritual maturity.



????????????????????????????????disciple ????????

全期课程大纲 Complete Course Outline

课次	主题 (Theme)
1	归信：神的爱与应许 / Conversion
2	耶稣：祂的位格与工作 / Jesus Christ
3	新生命的宣告 / New Life
4	与罪争战 / Battle Against Sin
5	认识我们的真神 / Knowing God
6	与神沟通（祷告） / Dialogue with God
7	圣灵的工作 / Holy Spirit
8	门徒的生活 / Christian Discipleship

????

“ ??? 3:16 ”??

第1课:归信 —— 神的爱与应许 Lesson 1: Conversion — God's Love and Promises

十约翰福音 John 3:16 (NIV)

“神爱世人，甚至将祂的独生子赐给他们，叫一切信祂的，不至灭亡，反得永生。”

[illegible]

??????????

?????????"?????????????"?????????????"?"?"????????????????????????????????
 ???

????????????????moral consciousness??

[illegible]

上帝的创造与人类的尊贵

God's Creation and Human Dignity

我们绝不是物质世界偶然进化的突变产物。圣经告诉我们，人类是上帝有意义、有目的、主动的创造。

The Bible tells us that humanity is God's meaningful, purposeful, and active creation.

受造的目的 / Purpose of Creation

人类是按照上帝的形象样式受造的，其核心目的是为了与创造主建立亲密的团契、交流与永恒的关系。

The central purpose is to enjoy intimate fellowship with the Creator.

??——
??

??
???"
?????????????????????"——????????????????????

???"????????????????????"
????????????????

??????????

“ 59:2 "?????????????????????????????????????"

罪的定义与可怕后果

The Definition and Consequences of Sin

以赛亚书 Isaiah 59:2 (NIV)

“但你们的罪孽使你们与神隔绝；你们的罪恶使祂掩面不听你们。”

"But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear."

??"????????????????????????????????

????

小组讨论

Group Discussion

1. 如果人真的是神创造的，这对你的生活有什么影响？

If human beings are truly created by God, what impact does this have on your life?

2. 在你的生活中，有哪些时候更愿意相信自己，而不相信神？

What are some times in your life when you prefer to trust in yourself rather than in God?

1. ?????????????????????
 2. ?????????????????????
-

□□□□□□□□

□□□□□□□□ — □1□□□□ — —

□□□□□□

□1□□□□ — — □□□□□□

??????????????

????????????????3:16????????——"?????????????"??

□□□□□□□□□□

????"???"????????????????????????????????..... ???——
????????????????????????

??
????????????????????????????

✚ 约翰福音 John 3:16 (NIV)

“神爱世人，甚至将祂的独生子赐给他们，叫一切信祂的，不至灭亡，反得永生。”

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

??????????????

???? 53:5-6?

耶稣基督的时代救赎

The Substitutionary Atonement of Jesus Christ

“哪知祂为我们的过犯受害，为我们的罪孽压伤。因祂受的惩罚，我们得平安；因祂受的鞭伤，我们得医治。我们都如羊走迷... 耶和華使我们众人的罪孽都归在祂身上。”

“惟有基督在我们还作罪人的时候为我们死，神的爱就在此向我们显明了。”

??? 5:8 ??????

????????

?????????????????"????????????????"?8:37?????????????????—
 ?????????????????????????????????

The Mercy of God and The Identity of Christ

"Or what can anyone give in exchange for their soul?"

"God made him who had no sin to be sin for us..."

"For this reason he had to be made like them, fully human..."

???????—??—
 ???

????

- “ 1. ??????????????????
2. ??????????????????

??????????

- ?????????????????????
- ?????????????????????
- ?????????????????????
- ??????????????????

小组讨论

Group Discussion

1. 在你来教会以前，你对十字架的观念是什么？
Before you came to church, what was your view of the cross?
2. 耶稣替你承担刑罚，对你来说有什么意义？
What does it mean to you that Jesus bore the punishment for you?

??????

"??????"—"??"????????????????????????????????

????????????????????"??"over????"??"finished???? tetelestai????????????????——"????"??"
??——
??

✚ 约翰福音 John 3:16 (NIV)

“神爱世人，甚至将祂的独生子赐给他们，叫一切信祂的，不至灭亡，反得永生。”

*"For God so loved the world that he gave his one and only Son, **that whoever believes in him** shall not perish but have eternal life."*

[illegible]

??????????

?????????????????"?"?????????????—"?????????"—??

"???"?????—??? Pisteu? eis ??? eis ?""?"???"?????"???"?????"?"?"?"
 ????"??"—?????????

The True Meaning of Faith: "Believing Into"

[illegible]

?? 23 ?????????????????????——"?"?"?"?

[illegible]

小组讨论

Group Discussion

1. 如果把信靠转移到耶稣上，你觉得最困难的是什么？
What do you think is the most difficult part about transferring your trust to Jesus?
2. 诗篇23最触动你的是什么？你最希望神在哪方面成为你的牧者？
What touches you the most about Psalm 23? In what area of your life do you most desire God to be your shepherd?

?????????

"?????????"——??"????"????????????????????????????????????——
????????????????????????

✠约翰福音 John 3:16 (NIV)

“神爱世人，甚至将祂的独生子赐给他们，叫一切信祂的，**不至灭亡，反得永生。**”

*"For God so loved the world that he gave his one and only Son, that whoever believes in him **shall not perish but have eternal life.**"*

????????????????——??Grace is not opposed to effort, it is opposed to earning——??

????????????????

??

??——??

门徒的身份与生命的 蜕变

Discipleship Identity and Life Transformation

重价买来的生命 / Bought at a Price

哥林多前书 1 Cor 6:19-20 (NIV)

“你们不是自己的人，因为你们是重价买来的。所以，要在你们的身上荣耀神。”

.....You are not your own; you were bought at a price. Therefore honor God with your bodies.

圣灵结出的果子 / Fruit of the Spirit

加拉太书 Galatians 5:22-23 (NIV)

“圣灵所结的果子，就是仁爱、喜乐、平安、忍耐、恩慈、良善、信实、温柔、节制。”

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

上帝的最终目标：使我们越来越有耶稣基督的荣美形象！

God's ultimate goal: to transform us to increasingly reflect the glorious image of Jesus Christ!

????? 6:19-20?

“ ”

??"?"????????——?????????"????????????????????"

???? 5:22-23 ??????????

“ ”

???"?"?????——?????"?????"

???

????

??

- ?????????????????????????????????
- ?????????????????——??
- ???
- ???——????????
- ???

????

????????????????????????????——??"????????"????——
??

??——
??

????

- “
1. ?????????????????
 2. ?????????????????
 3. ?????????????????

小组讨论

Group Discussion

1. 你希望神在哪一方面改变你的生命？
In what area do you hope God will change your life?
2. 过去这段时间，你已经看见了哪些改变？
What changes have you already seen over the past period of time?
3. 5年后，你希望自己变成怎样的人？
What kind of person do you hope to become in five years?



洗礼课程 | BAPTISM CLASS

第二课：耶稣基督

祂的位格与工作

Lesson 2: Jesus Christ - His Person and Work

沙城华人基督教宣道会

Saskatoon Chinese Alliance Church

????

??

????????????????3:16——"????????????????????????????????"

????????????????????????????





??

??????????????

小组讨论

1. 彼得讲道的中心是什么？
What is the central theme of Peter's sermon?
2. 当你站在人群中，听见彼得说：“你们钉在十字架上的这位耶稣，神已经立他为主，为基督了”，你有什么感受？
Standing in the crowd, how would you feel hearing Peter say, "God has made this Jesus, whom you crucified, both Lord and Christ"?

??????

1. ????????????
2. ??????????????"?????????????????????????????????????"?????????????

????????

- ????????????
- ?????????
- ?????????????????????
- ?????????????????2:24?
- ?????????
- ???36????"???"——??????????????
- ????????????????????



真实的人类：拿撒勒人

Fully Human: Jesus of Nazareth

在彼得的讲道中，他首先强调了耶稣的历史真实性与人性。耶稣不是一个神话或虚影，而是真实地生活在拿撒勒，并行了许多神蹟。

In Peter's sermon, he emphasized the historical reality and humanity of Jesus. Jesus was not a myth but a man from Nazareth who performed wonders and signs.

“拿撒勒人耶稣，……在你们中间行了异能、奇事、神蹟。” (徒 2:22)

"Jesus of Nazareth was a man accredited by God to you by miracles, wonders and signs..." (Acts 2:22, NIV)



??

"?????????.....?????????????????????"?????2:22?

?????????????——??

???30?????3????????????????????

- ???
- ???
- ?????????11:35?
- ?????????????
- ?????????

?????????????????——??

□□□□KYRIOS□

κύριος

אֲדֹנֵי יְהוָה

Acts declares that God has made this Jesus, whom you crucified, both Lord and Messiah. This shows He is the supreme ruler of all creation.

"Therefore let all Israel be assured of this: God has made this Jesus, whom you crucified, both Lord and Messiah." (Acts 2:36, NIV)

--	--	--	--	--	--	--

耶稣是神的儿子

Jesus is the Son of God

耶稣的身份不仅仅是先知或伟人，祂是至高神的能力荫底下所生的圣者。祂的降生是超自然的。

Jesus' identity is more than a prophet; He is the Holy One born under the overshadowing power of the Most High.

【路1:35】天使回答说：“圣灵要临到你身上，至高者的能力要荫庇你，因此所要生的圣者，必称为神的儿子。”

"The angel answered, 'The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God.'" (Luke 1:35, NIV)

??

"??"?????1:35?

??????????700?????"?????????"?????7:14?????????????"?"????"?????"????????????????????????????????????"
?????????????????"

???????

???????"????"????????????????????????????

- ??????"?????"
- ??????????????"?????????"

?????????????"??"

??

?????????????????"?????????"?????????????????????"?????"?????????????"?????"?????????????

??

??????????????????

Group Discussion

1. 耶稣经过疲倦, 饥饿, 被误解, 被拒绝, 对你有什么安慰?

What comfort does it bring you that Jesus experienced weariness, hunger, being misunderstood, and being rejected?

2. 耶稣是主, 对你的生活意味着什么?

What does it mean for your life that Jesus is Lord?

3. 如果耶稣只是一位老师, 不是神, 会有什么 问题?

What would be the problem if Jesus were only a teacher and not God?

1. ????????????????????????????

2. ????????????????????????

3. ????????????????????????????



Jesus is God

In the beginning was the Word. Jesus' divinity is central. He is of the same essence as the Father, co-eternal.

*"In the beginning was the Word, and the Word was with God, and **the Word was God.**" (John 1:1, NIV)*

?????????????—????????????????????



论三位一体

The Trinity

基督教相信独一的神，这位神以三个位格永恒并存：圣父、圣子、圣灵。三者同质、同权、同荣。

Christianity believes in one God existing in three eternal persons: Father, Son, and Holy Spirit—same in essence, power, and glory.

【申6:4】“以色列啊，你要听！耶和华我们 神是独一的主。”

"Hear, O Israel: The Lord our God, the Lord is one." (Deuteronomy 6:4, NIV)

??

"????????????????????????"????6:4?

?????????????????—??

????"?????"????10:30?—"?"????????one in essence?????"?"not the same????????????????

"?"person????? persona??

?????????????????essence????????persons??
——????????????????????????????????

??
????????

??????????

Group Discussion

1. 你过去思想过三位一体吗？让你难以理解的是什么？对你的信仰有什么启示？
Have you ever thought about the Trinity in the past? What is difficult for you to understand? What insights or implications does it have for your faith?
2. 为什么救恩必须借着“神人耶稣基督”来完成？
Why must salvation be accomplished through the "God-man Jesus Christ"?



1. ???
2. ??????????"?????"????



Incarnation

【约1:14】道成了肉身，住在我们中间，充充满满地有恩典，有真理。我们也见过他的荣光...

"The Word became flesh and made his dwelling among us. We have seen his glory..." (John 1:14, NIV)

【约15:5】我是葡萄树，你们是枝子；常在我里面的，我也常在他里面，这人就多结果子。

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit..." (John 15:5, NIV)

"?????????????????????????????????????....."?????1:14?

"??"?????15:5?

??????????

道成肉身对救恩的重要性

Importance of Incarnation

排他性

基督教是排他性的：耶稣是通往父神的唯一道路。

Exclusivity: Jesus is the only way to the Father.

基督中心

福音传道必须以基督为中心。

Christ-Centered: Evangelism must focus on Christ.

信仰核心

必须相信道成肉身才能成为基督徒。

Core Belief: Believing in the Incarnation is essential.

- ??????????????????????
- ??????????????????
- ??????????????????

?????????"?????"????????????????????

??????????????

Group Discussion

1. 当别人说,“所有宗教都一样”的时候,你如何回 应?
How would you respond when someone says, “All religions are the same”?
2. 分享福音时,你最大的困 难是什么?
What is your biggest challenge when sharing the gospel?

1. ?????“????????”???????????
2. ???????????????????



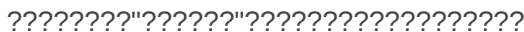
第三课 新生命

悔改与圣礼：新生命的宣告

--	--

[illegible]

??



- # □□□□□The Holy Communion□

1. ????????

????????????????????"????"?Exodus?????"——???????????????????? 1400
??

二、圣礼：圣餐礼 (THE HOLY COMMUNION)
II. SACRAMENTS: THE LORD’S SUPPER

上帝的拯救旧约预表 / Exodus 12

逾越节的羔羊：宝血遮盖与拯救。

The Passover Lamb: Blood covering and deliverance.

耶稣重新诠释 / 1 Cor 11:23-26

“这是我的身体，为你们舍的...这杯是用我的血所立的新约...为的是纪念我。”

"This is my body, which is for you... this cup is the new covenant in my blood... do this in remembrance of me."



??????

??

- ?????????????
- ?????????
- ?????????????????????

????????????????????????????——????????????????????????????????????

????????

????????????????——????????????????????????????????

“ ?????????????.....????????????.....????????”

??"????????????"

2. ??????

??

II. DIFFERENT VIEWS ON COMMUNION

Christ is spiritually present to believers through the Holy Spirit.

1. ?????????????????
2. ?????????????????
3. "?????????????"——????????????

4. ?????

- ????????????
- ??????participation in the Lord's suffering?—— ??????
- ?????????renewing your relationship with God?
- ????????????
- ??????????——?????????

"????????? Tibetan area ?? mission trip?????????????????????????????????"

"??"

三、新生命是怎 样的？门徒生活与果子 III. WHAT IS NEW LIFE? DISCIPLESHIP & SPIRIT'S FRUIT

【马可福音 / Mark 8:34】 舍己背十字架

“若有人要跟从我，就当舍己，背起他的十字架，来跟从我。”

"Whoever wants to be my disciple must deny themselves and take up their cross and follow me."

【加拉太书 / Gal 5:22-23】圣灵的果子

圣灵所结的果子，就是仁爱、喜乐、和平、忍耐、恩慈、良善、信实、温柔、节制。

The fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.

????????????????

- ??????????????????????
- ?????????????????????? 2:12??
- ?????????????????????? 12:1-2??
- ?????????????????????? 3:5-6??

[illegible]

四、如何改变？生命翻转的要诀 IV. HOW TO CHANGE? KEYS TO TRANSFORMATION



改变不是自动的

Not Automatic

需要意志的立志与持续的顺服。

Requires intentional effort & obedience.



神赋予能力

God Empowers

恐惧战兢作成得救的工夫 (腓 2:12)。

Work out your salvation (Phil 2:12).



当作活祭献上

Living Sacrifice

心意更新而变化 (罗

12:1-2)。

Renewed mind (Rom 12:1-2).



专心仰赖耶和华

Trust in the Lord

认定祂，祂必指引路 (箴

3:5-6)。

Trust Him completely (Prov 3:5-6).